

## **Arthur Hill Grimmer**



Arthur Hill Grimmer (1874-1967)

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### 1929 - Cadmium Cures of Cancer

"The curing of cancer cases by homoeopathic remedies is nothing new or strange. Our literature is replete with many reported cures of more or less authentic and definite cancer conditions. In fact homoeopathy offers the only real therapeutic hope in the world today against this dreadful scourge.

Outside of homoeopathy, the only real advance and the only helpful measure that has proven useful in the cancer fight, is that of diet. Dietary measures are as important as the selection of the indicated remedy, for unless the correct dietary rules are followed, your homoeopathic remedy will fail to permanently cure in the majority of cases. On the other hand correct diet alone is not sufficient to eradicate the inherited soil that engenders and sustains cancer. For anything like uniform success one must combine the selection of the homoeopathic remedy, with a diet of fruits, vegetables, cereals and nuts and, later on, when improvement has reached a high point, dairy products in moderation may be allowed.

While it is true that any deep constitutional remedy may prove curative in a given case of cancer, we have in the cadmium salts our most valuable unit against the condition now recognized as carcinosis or carcinoma (late stage).

The pathogenesis of *Cadmium sulph.* has all the weakness and all the blood changes that correspond to a late cancer condition; besides practically all the particular conditions, from skin ulcers, that resist the normal healing tendencies, to breast and uterine tumors, together with the severe stomach ulcerations that readily take on blood changes of a malignant nature. It is in the late cases where symptoms are masked by drastic drugging and by pathology, the end results of disease, that a knowledge of the cadmium salts is helpful. These patients should have been cured years ago when their symptoms would have guided to the needed remedy or remedies which would have prevented the ultimates of cancer. Homoeopathy in the hands of real prescribers will so change the life forces of the body or the constitutional state that cancer and tuberculosis will not grow or develop because of the healthful soil conditions that result from careful and really scientific prescribing. The dismal failure of surgery, x-ray and radium as curative agents in cancer, renders any proven measure more acceptable to a waiting world, for victims from the cancer scourge are constantly increasing, and allopathic medicine acknowledges its inability to cope with the situation.

The actual causes of cancer are obscured in a maize of uncertainty and ignorance. Alloepathy does not know, but it has proven a few interesting things that may be helpful in the future. Dr. Maude Sly of Chicago has proven the inherited soil theory of cancer in rats. She had bred cancer in and out of various rat families by selection and mating, and thereby has confirmed what the masters of homoeopathy have so long announced and contented. Dr. Crile of Cleveland, and others have demonstrated that the cancer cell has lost its normal bi-polar electric nature and taken on a positive state, with a resulting change in the nucleus of the

cell. Electronic physicians have gone farther. They have proven that not only has a change taken place in the polarity, chemistry and histology of the affected cells, but that every drop of blood in the organism shows a corresponding change, at least in polarity, if not in chemistry and histology. Before any chemical changes take place in the body (not the test tube) there is a change in polarity; and chemical changes precede histologic and pathologic changes. All disease cause and departure from health is found in this fundamental change of polarity. It is the *modus operandi*, at least of the changes of state of health to disease and *vice versa*.

Our remedies, especially in potency, are catalysts that change body forces and body states, enabling normal function to be restored when broken, and perpetuating in an orderly way all the necessary reactions in the human organism to maintain life and health. The seed and the embryo contain all the necessary chemical elements in their proper proportion for the growth, development and repair of the organism, only needing the necessary food replenishment to maintain life through its allotted cycle. Hence true medicines are only catalytic in nature, they do not enter into the body cells combined with other elements, but their presence may be necessary, to bring about the normal combinations of chemicals always present in the blood stream for life's activities. All chemical change in the body is destructive, all vital change constructive. Absorption and nutrition are vital, the chemistry has been expended in digestion and elimination. These few facts are mentioned in order that we may know how and why the homoeopathic remedy acts so powerfully and positively as a curative agent against the changes found in the body cells in the condition called cancer. If we know the order in which disease develops, we can know the order in which remedies act to correct abnormal changes in the organism. When we know these things our faith is sustained by absolute knowledge.

In the past four years I have treated two hundred and twenty-five cases of proven cancer, of various forms and in all stages of the disease. At this time one hundred and seventy-five are still living, many of them entirely well and free of all cancer symptoms. Only one of this group now living, shows indications of an early demise. All of these who failed to respond to the homoeopathic treatment had been treated surgically or with x-ray and radium in material doses. My records show one case of late intestinal and splenic cancer in an old lady sixty-three years old, who lived five years in comparative comfort, and only recently died at sixty-eight, from weakness and exhaustion, entirely free of pain. In the last two years since my study and application of the cadmium salts my losses have been greatly reduced. I believe that any advanced case of carcinoma will need *Cadmium* in some form, dependent on the symptoms of the individual, before a cure can be effected.

Other remedies are sometimes needed after *Cadmium* to complement and complete the cure. Sometimes other remedies must precede the use of *Cadmium*. I frequently find cancer of the liver yielding to *Calc. ars.* in every way but the tendency to relapse, when frequently a single dose of *Cadmium* in high potency will render the cure permanent. In the early stages of cancer, especially of the skin, when many guiding therapeutic symptoms are present, any one of our deep constitutional remedies may be sufficient to cure. Our literature abounds in reports of hundred of beautiful cures.

I believe a study of the cadmium salts and their use early in every case, on strictly homoeopathic lines, will enable the homoeopathic physician to make many more cures of cancer than are being made at the present time.

Any case of cancer complicated by a weak heart or diseased kidneys can hardly get well, because the reaction to the curative remedy will kill such a patient in a comparatively short time.

I submit, briefly, the records of a few cases to illustrate the action of *Cadmium* on cancer conditions.

CASE 1 - Mrs. J. W., age 63.

May 6, 1926. This case was diagnosed first, as one of gallstones, and operation was advised by an old school man. She was jaundiced and anaemic and had lost weight rapidly. The liver was enlarged and plainly nodular. *Calc. ars.* 45M was given with immediate and marked benefit, which continued until June 12, 1926, when *Calc. ars.* was repeated with improvement. This continued till Oct. 7, 1926, when a slight return of jaundice and liver pain was noted. *Calc. ars.* CM was given with complete subsidence of all symptoms. This lasted until April 29, 1927, when a severe bronchial cold called for *Carb. ac.*, 10M, which cleared up promptly and left the patient well until February 4, 1928. Symptoms of much intestinal gas then annoyed the patient. *Carb. veg.* 10M was given with relief until March 8, 1928, when the old liver symptoms accompanied by nausea and weakness, with extreme coldness and aggravation from exertion demanded *Cadm. sulph.*, which was given in 45M potency. The patient has had no more medicine since and remains in perfect health and comfort.

CASE 2 - Mrs. V., age 52.

June 8, 1927. Five months prior to this date, this woman was in robust health, weighing 168 pounds. She was now reduced to 80 pounds, more than half her body had gone, in a very short time. She was jaundiced and cachectic; spots of ecchymosis covered her limbs; she was in a constant tremor; her heart was weak and irregular in action; she could not take the slightest bit of food or drink without soon vomiting it. She had a small vascular goitre. Her liver was enlarged and nodular, and a distinct mass, indurated and tender, was palpable in the epigastric region.

At this time *Plb. iod.* 10M was given and the patient put on a diet of diluted apple juice, an ounce every two hours. There was a steady slight gain in strength and ability to retain fluids until July 11, 1927, when there was a return of the nausea and vomiting of tough, stringy, blood-streaked mucus. *Kali bich.* 10M was given for this with no relief and on July 13, 1927 the patient was weaker, with sinking sensation in the epigastrium, cold sweats, and vomiting even of a teaspoonful of water. At this low ebb-tide of life forces, *Cadm. phos.* 30 potency was given, with a slow, but steady uninterrupted gain of strength and a gradual decrease of all alarming symptoms, so that after a few days a little strained vegetable broth was added to the apple and pear juices as nourishment. The gain was maintained with no further medication until January 7, 1928, when symptoms of nausea returned. The patient now weighed 100 pounds and was living on a soft diet of fruits and vegetables with a little cereal and cream. The second dose of *Cadm. phos.* 30 was given now. From this time on the patient gained rapidly in weight and strength. Whole-wheat bread and butter and cheese were added to her diet. No more medicine was given this patient until September 1928, when a third dose of *Cadm. phos.* 10M was administered. She now weighed 130 pounds, her strength and color had returned, her liver was normal in size and the abdominal mass was gone. At this date this patient remains vigorously well, attends to all her duties, administering to the needs of a large family. She has almost gained her complete body weight, now 160 pounds, and looks more like a woman of 40 than the 54 years she is.

CASE 3 - Mr. B. R. C., age 42.

September 8, 1928. This man, two years prior to this date had gone through a six month's siege with duodenal ulcers, which had not entirely healed, as the patient was in more or less distress with inability to gain in weight or strength. Two days prior to the above date the patient had played harder at tennis than usual, and had eaten a rather hearty meal; that night he was awakened with severe epigastric pains which soon was followed by vomiting of food with some blood. He was given *Cadm. iod.* 10M, put on the usual diet of liquid fruit and vegetable juices, and improved for about ten days, when suddenly a severe intestinal haemorrhage ensued. *Ham.* 10M was given with only a short lasting relief, followed by

*Arnica* 10M, because of an extensive body soreness; still no relief. Recurrent haemorrhage persisted and not even water could be taken by mouth without producing bloody vomiting and an increase of intestinal haemorrhage. This was September 25, 1928. *Calendula* 30 potency was given and all food stopped, nutrition being maintained by enemas of glucose. There was complete cessation of haemorrhage for twenty-one days, and an abdominal mass in the hepatic region began to recede. At this time, October 16, 1928, an attempt at nourishment by mouth provoked vomiting and a slight haemorrhage. *Calendula* 50M was given with complete relief and the ability of the patient to take a little liquid nourishment by mouth without nausea or emesis. November 3, 1928, *Cadmium* 10M was given. There was steady gain with immediate and permanent improvement in every way. This man now weighs 189 pounds, eats everything, contrary to orders, and is in better health than ever before in his life.

CASE 4 - Mr. B. age 58.

September 21, 1928. This patient was reduced from 210 pounds to 145 pounds, was of bad color, extremely weak, with severe burning pains radiating from liver over the abdomen. His liver almost filled the abdominal cavity and was notched and nodular. He had been a heavy drinker and a recent attack of "flu" had added to his weakness and misery. At this date *Calc. ars.* 45M was given with steady gain on a diet of fruits and vegetables. *Calc. ars.* was repeated November 10, 1928, followed by steady gain in strength and weight and a relief of symptoms. December 15, 1928, *Calc. ars.* CM was given. There was not the response to this prescription that followed the preceding ones and on January 7, 1929, because of the burning pains, weakness and nausea, with chilliness and aggravation from exertion, *Cadm. sulph.* 45m was given with wonderful relief and a gain that has been maintained to this day. The liver is almost normal in size and feel; the man now weighs 195 pounds and is deeply grateful for his release from the grave as he terms it.

CASE 5 - Mrs. S. age 48.

September 15, 1928. This woman has had digestive troubles for years. X-ray diagnosed probable malignancy of the duodenum. *Cadm. sulph.* 50M, two doses, two months apart, cured all symptoms and x-ray now shows normal intestines. The patient has gained in weight, strength and color.

CASE 6 - Mrs. B., age 54.

January 16, 1928. *Cadm. iod.* 10M. This is a case of intestinal cancer with toxic goitre and marked cardiac disturbance. She had a quick response and steady gain in weight and strength until August 14, 1928 when she overate and upset her digestion; *Cadm. iod.* 10M soon righted her until October 15, 1928, when a severe cold upset her. *Cadm. iod.* kept her well until the last report in February 7, 1929, when I dismissed her cured. She remains strong and well to this day.

CASE 7 - Mr. B., age 67.

August 6, 1927. Splenic cancer, with weakness and the usual blood findings. *Caladium* given with slight benefit. October 7, 1928, *Radium chloride* 10M. Patient became much worse, and went to another doctor, who put him in a hospital, made all the tests to confirm a certain diagnosis of cancer, and then advised a splenic operation, which was refused. On November 24, 1928, I again saw the patient and gave *Cadm. met.* 10M, with no more medicine to the present date. A complete metamorphosis has been wrought; the blood findings are almost normal, the spleen is reduced, and the weight, color, strength and comfort of the patient are wonderfully good for a man 69 years of age.

CASE 8 - Mrs. T., age 36.

January 15, 1929. Mrs. T. always had pain and swelling of the breasts with her menses. A lump in the right breast was removed a year ago, and pronounced cancer, after microscopic examination. She is pale, emaciated, weak and cachectic. The left breast is now indurated and sore with retracted nipples, pains worse at period. *Cadm. met.* 10M has been given at intervals; single doses, January 15, 1929; March 19, 1929, May 22, 1929. The breast is well and the patient much improved every way.

CASE 9

February 9, 1928. I was asked to prescribe for one of our eminent surgeons for severe protracted intestinal haemorrhage. The patient was bled white and was very weak and feeble. He was in the late seventies and much reduced from a once very vigorous and powerful man. Three doses of *Cadm. met.*, one the 30<sup>th</sup> potency, given February 9, 1928, the others of the 10M given March 12, 1929 and October 1, 1928, have restored this aged benefactor to a healthy happy state, enabling him to finish his life work, in the form of a valuable medical treasure of knowledge and philosophy of healing that will aid and comfort great numbers in the future.

As a summary of these case reports, I would like to bring to your attention the fact that homoeopathy in the hands of its master prescribers is the greatest and most efficient force the world has today against the scourge of cancer. Yet in spite of this fact many of our men are running after will-o'-the-wisps, that float above the quagmires of materialistic pseudo-science and panaceas for the cure of cancer. Millions are raised and spent annually for research without avail, and the governments of the world are taxing their already overburdened citizens in this same endless march, always in circles.

Like lost wanderers in the wildness they go, without compass or guide to lead them safely to their goal; yet above them, and around them shines the light of homoeopathy like the polar star to lead the way to the goal they are so arduously seeking.

If they would but cast the blinders of prejudice from their eyes, and, like the wise men of old, follow the star to the manger of physical salvation, then, at last, the prayers and hopes of an agonizing world would be answered.

**DISCUSSION.**

Chairman McLaren: I will open the discussion to Dr. Grimmer's paper. I am sure many of our members will have questions to ask Dr. Grimmer. The subject is Cadmium Cure of Cancer.

Dr. Sloan: I would like to ask Dr. Grimmer how he differentiates the *Iodide* or the *Cadmium sulph.*, or the *Cadmium met.* that he uses?

Dr. Boger: The doctor brings our attention to *Cadmium*. I think it is worth while to see things through other people's eyes. He made a remark which brought very forcibly to my mind an experience of my own. We have a very expert dentist in town, above the average. He does my dentistry. In the course of his work, he noticed that my patients were mostly free from pyorrhoea, and things of that kind, and didn't have many tooth troubles, and so on. We got to talking about it one day. I said: "Doctor, why don't you use *Calendula* in your work?" He was persuaded to try it. He tells me now that he cleans out every tooth cavity and every torn gum with it. He says it controls haemorrhages perfectly. The gums heal up much more quickly and he says he has never seen anything like it before. He has observed another thing which is entirely new to me. He tells me that the teeth treated that way don't have tartar on the lower incisors. If I didn't know the honesty of the man, I would be inclined to question that a little bit because it isn't a disease of the teeth but a disease of the nutrition of the teeth.

Dr. Macfarlan: I think there must be something in the habit of modern living that predisposes to the rapid increase of cancer, despite the fact that our statistics are much better than formerly. As far as that goes, I don't know that statistics amount to a great deal. I know in my own practice and in the practice of a great many other people, when someone dies of cancer, they seem to think it is a stigma attached to the family, and they say to the doctor: "He did have a contracted kidney, didn't he?" You say: "Yes, he did have a contracted kidney." "Well, just put that down." A doctor may be forced, more or less, to put down things that he knows are not the exact case in order not to offend a family. You put down a secondary disease, maybe, which may be contributing to the death. I don't think I have done it except in one case, that of my own aunt. She died of cancer and she had nephritis. I put down nephritis. I don't know whether I put down the secondary cause or not. I think a lot of people die of malignant diseases and the physician puts down something else just to please the family.

Dr. Woodbury: Mr. Chairman, that is rather an interesting point that Dr. Macfarlan brings out. I had a patient who had what I supposed was malignancy of the intestine. I couldn't definitely say what part of the intestine it was, but I felt sure it was carcinoma, because there was a definite growth there. The daughter noticed that I put it down as carcinoma of the intestine. She said: "Couldn't you put that down 'Death from natural causes'?" I said: "Natural causes all right, but I have to put it down the way I found it." She said: "You know sometimes people just die of old age and they call that death 'from natural causes'."

Dr. Underhill: Mr. Chairman, I think that death certificates are not a very reliable source of information in many cases. They are made out with two thoughts in mind: First, what makes the physician look best in the eyes of the family, and second, what will make the family feel best as far as their own standing is concerned.

In the matter of cancer, I must say that while I have had a large experience in cancer and have seen a great many cases of all types, I am not very optimistic about it. In the cases that are recovering which appear to be cancer, and every now and then there is one such, I still question whether it is not some kind of a counterfeit of cancer, because for every real thing that there is in this world there is a corresponding counterfeit. There are imitation cancers which may be syphilitic in their origin. There are various forms of gumma which can closely resemble carcinoma. Some of the breast tumors which are pronounced carcinoma, upon biopsy are found to be sarcomas of one kind and another, and there is one type which does offer some real hope of cure by means of the homoeopathic remedy and subsequently by means of surgery. That is the spindle-cell sarcoma. I have seen a few such recover, first using the indicated homoeopathic remedy, and, after evulsion or enucleation is largely accomplished, if there is no axillary involvement, removal of the growth will then be followed by no recurrence.

President Wilson: I should like to ask Dr. Grimmer if he has found his *Cadmium sulph.* as effective in sarcoma as in carcinoma and whether or not there is any difference in the different forms of cancer that the *Cadmium sulph.* would cure. Let's stick to *Cadmium* anyway, and not get off too far on death certificates.

Dr. Woodbury: The other day I made the statement that I hoped some time this Association would make a very serious investigation of cancer. My standpoint was one which could, perhaps, work it backwards, by getting the symptoms of cases that had developed cancer and whether or not they were cured. Then we could collect the data on cancer, and in time we would get the pure symptomatology of free cancer and also cancer as it develops and progresses under treatment, either favorably or unfavorably.

I am very much impressed with this paper because I have been feeling around for data on homoeopathy. I found that there hasn't been very much in recent years. The early journals had a good many cases that from reading looked like true cancer, but the cases that would satisfy

the board of regents, so to speak, must be proven real cancer by biopsy. People are not very ready to believe electrical diagnosis, much as that seemed to promise at one time, because of the general scepticism regarding infinitesimal factors and the imponderability.

I made the suggestion to Dr. Grimmer and also to Dr. Macfarlan that in the proving classes that may be carried out this year, it might be a good idea to take up these different *Cadmium* salts and make a general country-wide proving of those - the bromides, the iodides, the phosphates, and the metallics. Why should that not be a good starting point for this year's work in connection with the very splendid paper that Dr. Grimmer has given us? I have no doubt he would be every perfectly willing to supplement this paper in a year or two with further details regarding these 225 cases, of which only one, he tells us, is in intimate danger at the present time.

Dr. Grimmer: About the differentiating points of the *Cadmium* salts, we have only one real proving, *Cadmium sulph.* This is sufficiently rich in general symptoms to give us an idea of the general action of *Cadmium*.

I have to make a confession in the use of these other salts. I have used the electronic diagnosis only to prescribe the remedy. No electronic treatment was given to any of these cases that I mentioned. They were all pure homoeopathic cases given under the simple remedy at long intervals, but I have selected most of these remedies by the electronic method, first of all getting the polarity of the patient and then finding the remedies in their corresponding polarities. The patient whose blood registers positive, and almost every carcinoma case does, if it is at all developed, requires some negative remedy. While other remedies do come through with the *Cadmium* salts, such as *Calcarea fluor.*, *Hydrastis*, and a few other remedies, the *Cadmium* salts come through much stronger and much more effectively, and almost invariably *Cadmium metallicum*, *Cadmium iod.*, *Cadmium phosphate* or *Cadmium sulphate*.

Those are points I would like to bring out for proving. Of course I am saving all the cured symptoms that I can. As time goes on, I am learning more and more to differentiate. For instance, I find that the *Metallicum* is a haemorrhagic remedy, and that frequently, unassisted by other remedies, it will stop the haemorrhages in intestinal cancer or in ulceration cancer. *Calendula*, however, very frequently follows. *Calendula* is a complementary remedy to the *Cadmium* salts. In one case, *Calendula* cured the case.

We only have two provings. The proving of *Cadmium bromide* is a fragment which shows a brain congestion more like apoplexy than anything else.

We have quite an experience with *Cadmium sulph.* in the literature. Dr. Kent gives a wonderful description of it.

*Cadmium sulph.* is very rich in intestinal symptoms and in blood changes.

I was pleased to hear Dr. Boger confirm the action of *Calendula*. It is really another one of our remedies. It has been overlooked as to its depth of action. We look on *Calendula* more for superficial rulings, and things of that kind. It really corresponds to some of the deep constitutional conditions that must be closely related to cancer. I believe, if I remember correctly, the literature records some cases of cancer cured by *Calendula*.

In answer to Dr. Underhill's criticism about the question of the diagnosis, of course that is fired at us constantly. We get it all along. Any old school friend says: "Well, they made a mistake in diagnosis; they don't know what they are talking about; they didn't cure cancer; they cured some ulceration or some other minor thing; it couldn't possibly have been cancer." We have resorted, wherever we could, in these cases to x-ray, to microscopic analysis, to all the other known tests, but, after all, any man who has been in the practice of medicine ten, twenty or thirty years, knows a cancer case when he sees it, if it is at all clinically developed.



You don't need any extensive laboratory test to tell you whether you have a case of cancer. You may want to differentiate between the form of cancer, or between carcinoma and sarcoma, but most of those cases the homoeopathic practitioners can readily recognize, and do recognize. So I don't think the question of diagnosis need bother us very much.

In answer to the question about sarcoma, my experience with *Cadmium* is that it has not been a useful remedy in treating sarcoma. There may be some salts of *Cadmium* such as *Cadmium calcarea silica*, or *Cadmium calcarea fluorica* which may be found to be useful in this condition. By the way, *Cadmium fluor.* is a remedy that helped one case very much, a late case of cancer of the prostate. There was no question about the diagnosis. It was diagnosed by an eminent pathologist in Chicago. That man was at the point of death. I sent my assistant out to see him and get his blood. We found that he had cancer, electronically, and every other way. The doctor told me there was a big pulsating mass. I never saw this man, so I didn't report the case. He could feel this mass through the rectum and said it was undoubtedly cancer, very far advanced. Nevertheless, we gave him *Cadmium fluor.* This man lived for a year, and part of the time the function of the bladder was restored. He gave up his catheter for quite a while, and then, subsequently, only used it occasionally. He left us because he wasn't satisfied with his progress. He was an old man, and had been put in much more comfort. I lost track of him after a year, but at the end of a year he was infinitely better in every way.

Regarding electronic diagnosis, I wouldn't have mentioned it had it not been brought up. It has a use, a very important use, and you can prove it. It is merely a scientific proposition. What do you do? You prove the unknown things from the known things. That is all the proof you need. We get many complaining cases that have been diagnosed from x-ray and microscopic findings. The electronic process invariably confirms these things. The electronic method of diagnosis will tell you the pre-cancer conditions before there is a microscopic finding, before any pathology can be found; it will tell you the tendency of the patient, whether he is going cancerward or not.

Syphilis and tuberculosis are the two things that precede cancer, the two things that cancer is grounded on. How do I know? First of all, take any case of cancer and put it to the blood box and put magnet over that blood box which takes off all other reactions, excepting one, tuberculosis, and every one of these cases show underneath the carcinosis reaction a tubercular reaction.

Another point is this: When your cancer cases are getting well and developing under the action of these deep acting curative remedies, you bring back tubercular conditions, and tubercular symptoms for a while supervene. These will practically all pass off under the antitubercular or antisiphilitic remedy. This is the reason I make the statement that cancer is based on these things.

Of course there are many other factors, the loss of vitamins, the mineral deficiencies, the bad effects of drugs, especially coal-tar products, which have contributed their part in demineralizing the part and in opening the way for susceptibility. Cancer is the result of inherited conditions, plus bad living conditions, plus violated law." (Applause)

(Arthur Hill Grimmer, M. D., *Cadmium Cures of Cancer*. Read before the I. H. A. Bureau of Clinical Medicine, June, 1929. *The Homoeopathic Recorder* vol. 44 (1929), p. 606-617)

## 1930 - Differentiating Symptoms of Some of the Cadmium Salts

"A study of the best proved of the *Cadmiums*, *Cadmium sulph.*, must give us a basis for comparison, until the proving of *Cadmium met.* is completed, when we shall have more symptoms and fuller data to prescribe on.

*Cadmium sulph.* presents some striking features which run through all the other *Cadmiums*. First of all, the *Cadmium* patient is cold, always freezing, and all complaints are made worse from becoming cold, or from cold changes in the weather. Another thing about *Cadmium* is the weakness it produces, so weak and tired. Examine this weakness a little closer and you find it is accompanied with a cachectic state which simulates the cachexia of advanced cancer or pernicious anaemia. Mentally there is a marked increase in irritability, with a horror of solitude and of work. There are some uncommon sleep symptoms that resemble the carbons and the snake poisons. Sleeps with eyes wide open, stops breathing on going to sleep. Awakens suffocating, symptoms worse after sleep. Annoying protracted sleeplessness, insomnia. *Cadmium* acts most intensely on the gastro-intestinal tract, causing nausea, which is aggravated by motion. Later there is vomiting of acid or yellow substances. With these symptoms the face is bathed with cold perspiration and there is cutting pains in the abdomen. Black vomit like that occurring in the severe type of zymotic diseases. This remedy competes with *Arsenic* in ulceration of stomach in drunkards. Beer aggravates the gastric complaints. There is salivation with bitter burning in the mouth and throat, foetid breath, ulcers with dryness, and burning constriction of the throat. This remedy should be a splendid one for those cases of vomiting of pregnancy which fail to respond to the usual remedies, and for pernicious forms of vomiting of black blood from chronic ulcers or cancer of the stomach. Coffee ground vomit.

Such in brief is a general view of *Cadmium sulph.* Our proving of this remedy is still far too meager. A wider knowledge of its symptomatology would enable us to cure severe types of intestinal disease that many times fail to respond to our ordinary remedies.

During the last two years in my work with *Cadmium met.*, I have gathered a number of cured symptoms and some symptoms, produced on sensitive subjects during its primary action, when the so-called aggravations so often occur.

*Cadmium met.* produces an impulsive irritability, going to the verge of insanity in its violence, alternating with a deep depression of the mind. Loathing of life, hopeless and apathetic, all joy is gone. Unable to concentrate, saying and doing the wrong things, such as putting salt in her tea instead of sugar. Vivid, unhappy dreams of sickness, causing worry, after awakening. Averse to people, to certain kinds of music, to noise. Odors and unpleasant things produce nausea, even thinking of them does the same. Vertigo while looking at moving pictures, accompanied with sensation of something taking the breath away, objects recede and return. Extreme, constant, neuralgic headaches; maddening pressing pains through the whole head, extending to eyes and ears. Old ear discharge with ear pain returned after many years, with improvement in hearing; hearing had been gradually getting fainter for years, suddenly improved with ear discharge. Sore pressing pains in the liver and spleen. Violent vomiting attack with headache, alternation of heat and coldness. Vomiting bile and acid. Diarrhoea of black, musty stools with intestinal pains. This was followed by improvement, in an inveterate constipation of years' standing, stools clay colored later. Breast felt enlarged and sore, this occurred in several patients. Intense, squeezing pains in region of the heart with a sense of weakness. More frequent urination, discolouring the vessel brownish or deep lemon color, very hard to wash off the vessel. Pains severe in all the joints. Numbness of feet and hands while sitting. Haemorrhage from the bladder and the rectum has been cured many times, commonly dark colored with small clots, but several bright red haemorrhages were cured.

Severe neuralgic pains in the face with plugged sinus, followed by facial paralysis, after large doses of quinine and aspirin, cured with one does of *Cadmium met.* 10M.

This remedy is the best antidote for aluminium poisoning, especially the subtle form that comes gradually from the prolonged intake of foods prepared in aluminium cooking utensils. It has cured fissures in each corner of the mouth of years' standing after many remedies, including *Graph.* and *Nit. acid.*, had failed.

*Cadmium iod.* is a great gland remedy; the cervical glands of the neck, the tonsils, the thyroid, the mammary glands, the lymphatics every where, the testicles of the male, and ovaries of the female. The liver, spleen and the pancreas are all sooner or later involved under the influence of this remedy. One outstanding mental symptom is hatred. Hates everybody and everything, atheistic and hateful, with a high degree of self pity. As these symptoms, together with an ulceration of the transverse colon cleared up und got well, this man lost his hates and became quite human and kind and gained greatly in weight.

*Cadmium iod.*, at times, has an aggravation from extreme heat, as well as extreme cold. As a rule this patient is less chilly than the other *Cadmiums*.

This remedy is a powerful antisyphilitic as well as antipsoric and antisycotic, in fact all the *Cadmiums* may be classed in the three miasms of Hahnemann.

Only a glimpse of the possibilities of these wonderful medicines is shown here. More complete provings will add greatly to the power and use of our glorious materia medica.

#### DISCUSSION.

Dr. C. M. Boger: I want to add one observation about *Cadmium sulphate*, and that is that it is equal in power to *Solidago* in the backaches of nephritis. We all know how powerful *Solidago* is, especially in acute nephritis or subacute nephritis. It is wonderful for quieting those kidneys down. *Cadmium sulphate* acts equally well and longer. *Solidago* has the fault of not acting for very long.

Dr. C. L. Olds: I was very much interested in this paper, I suppose particularly because I am interested in seeing the *Cadmium* salts proven. As Dr. Grimmer has shown our only published provings are *Cadmium sulph.* We hope to give you something next year on the proving of *Cadmium metallicum*.

I think we will find *Cadmium arsenicum* equally valuable with *Cadmium metallicum* in cancerous cases. We also have *Cadmium phos.* and the *Cadmium iod.* We have quite a number of these *Cadmiums*.

I have quite a good many clinical cases that have been benefitted by *Cadmium metallicum*, but I feel that it is probably best to leave those until we come to publishing the provings.

Dr. Macfarlan, this morning in speaking of provings, said it was fun. I think it is, too. I think it is really a good game. But let me tell you there is no fun in trying to get people to prove. It is pretty a difficult thing. I don't know why. It certainly can't be because they don't know how or because they are too sick, or anything like that. It is not difficult to prove a remedy. It is really very easy, and it is fun to watch the symptoms come on and know that they are not really disease symptoms, that is, that they are artificial disease symptoms. I hope that everyone here will give this matter of proving the remedy we are now discussing, *Cadmium metallicum*, their careful consideration and help us in that. We ought to have a proving of that remedy that is comparable with *Lachesis*. Then we would be doing something.

Chairman J. Hutchinson: Dr. Grimmer, I am especially glad to hear this paper because, having had a cancer fatality, I thought perhaps I ought to have read into the case one of the *Cadmium salts*. I didn't. I thought the remedy was *Pulsatilla*, and I still think it was, and until you

outlined the hepatic pathology I was pretty sure of it. However, I had no hepatic symptoms. It was a cancer of the left breast with a very large ulcer when I got it. It came from homoeopathic hands, and had been well treated homoeopathically, but had reached a stage where the attending physician felt he couldn't go on with it, and it improved immediately under *Pulsatilla*, that is, reasonably immediately. It went on for a year, when suddenly without any warning or any explanation, a terrific chill overtook the patient under circumstances that did not seem to prompt the chill at all. She recovered. Then in about three weeks another chill overtook her and in another week she was dead. So far as I could see *Pulsatilla* was the only remedy. The only criticism I could make of the course of the treatment was this: When improvement began it was very steady and the ulcer itself disappeared. The breast extension to the axilla ceased. The flesh became like a child's. There was still an opening left through which a very small oozing kept up. There was nothing whatever done to close the ulcer, and it seemed to me a most peculiar case. In the last week of the patient's life she said to me, "I have some symptoms of liver trouble which I had six or eight years ago." They were not analyzed particularly because everything was so hurried. Then she passed out.

Your paper is particularly encouraging to me because I cannot see in the case as I recall it, and as I have recorded it, the *Cadmium* picture.

Dr. R. E. S. Hayes: Mr. Chairman, I might relate one case a little ahead of time, an experience with Dr. Old's *Cadmium metallicum*. A girl of about twelve had severe car-sickness. Her parents sent her several miles on a trolley every day and it affected her so much that they thought they would have to give it up. She was so definitely ill that she would have to lie down for two or three hours after getting home. I don't remember the particular symptoms of the case, but she was fairly well when they brought her into the office, she had no other complaints whatever. I gave her a week's supply of the *Cadmium metallicum* to prove, and she didn't develop one symptom of that, and has been cured of the car-sickness entirely.

Dr. J. W. Waffensmith: I tried to use *Cadmium met.* on a case of epithelioma. I thought it fitted the case quite well. Shortly afterward there was a very rapid increase of the tissue, very rapid enlargement, and a resultant profuse haemorrhage. So I followed the *Cadmium*, because it looked as though conditions were getting rapidly worse, with *Phosphorus*.

I don't know how this case will come out but I will report it at some later date.

Dr. C. L. Olds: What potency of *Cadmium* you gave?

Dr. J. W. Waffensmith: The sixth.

Dr. D. Macfarlan: After hearing Dr. Grimmer's paper in Montreal last year, I thought I would try *Cadmium met.* upon the first case of carcinoma that came to me. I didn't have to wait long. It was the case of an old German who had a malignant hypernephroma on the right kidney. He had been operated on by Dr. John B. Deaver, University of Pennsylvania, at the Lankenau Hospital. He is head surgeon up there. When I graduated from the old school I studied under Deaver and knew him personally, so I asked him to see this case, as it had a recurrence. He looked it over and said, "Nothing can be done for that case." He called me up on the phone and said, "If I were you I would just keep him under anodynes until he dies." I thanked him very kindly. I put this man on *Cadmium* and I think it has done him a great deal of good. He is still alive, and much longer I am sure than he would have been if he had been given anodynes. He is comfortable and more or less happy.

I think a good deal can be done in homoeopathic practice for malignant conditions. I remember a celebrated case, one of Dr. Libby's, which caused a good deal of sensation. This happened thirty years ago, the case of Charlotte Cushman, the actress. He called my father into consultation to operate on her. She didn't want to be operated on.

Dr. Libby kept her alive for a very long time. She was pretty old when she died. What medicine he gave her I don't know.

Dr. C. M. Boger: The doctor has just spoken of keeping these patients alive longer than expected. A recent experience may somewhat enlighten you on that point.

I was called to see a middle-aged woman. In order to satisfy myself on the diagnosis, I called a surgeon and asked him to make a thorough examination. My diagnosis was that she had cancer of the cervix. She had been operated on and the body of the uterus had been removed. The surgeon came to the same conclusion. To make a long story short, the cervix was like one of these old-fashioned rubber tampon rings we used to have. She had been having profuse haemorrhages for a long time, so much so that she was unable to talk very much. I couldn't get very much out of her naturally. She was too exhausted for that. However, I found out that the haemorrhages were bright red and that she had three successive attacks of pneumonia in the last twenty years. On the strength of that I gave her a single dose of *Phosphorus*, MM potency. She never had another haemorrhage, not one. In two weeks she had an acute gastritis which made her vomit a great deal, and her lower limbs swelled up. I thought this is the end now. She was oedematous and swelled up. For this I gave her a single dose of *Arsenicum* MM, and it all disappeared. A couple of weeks later she had a sudden retraction of the tendons and her elbows drew up like that. Again I thought, well, I guess this is the end. But I gave her a dose of *Silica* and it wasn't the end. She has come out from under all that and now she says, "Doctor, I feel better than I have for years. I haven't any discharge to speak of since you prescribed for me. I have a good appetite. I eat everything and sleep well and feel good." How much longer she is going to live I don't know.

Dr. C. L. Olds: How old a woman she is?

Dr. C. M. Boger: Thirty-five.

Chairman J. Hutchinson: If there is no further discussion, will you close, Dr. Grimmer.

Dr. A. H. Grimmer: Answering the observation on the epithelioma, I believe the doctor gave his remedy too low. *Cadmium* is very toxic. If you will study all the *Cadmium* salts you will find they are so toxic that the old school doesn't care to fool with them much in the way of medicine, and I believe if you had given your potency in the thirtieth (I never use anything lower than the thirtieth) you would have gotten better results.

There is another thing I will bring out now because some of you may not be here tomorrow when I read the paper that I am going to present on cancer and its treatment.

There are so many factors in cancer that we must not ignore the irritational causes and the food adjuvants. The irritational causes are many, and, if you ignore them, your remedies, however carefully selected, however closely related to the individual case they may be, will not bring the results. That is one reason why we have not had the results we should have had in the past. That is why we have not the uniform results that we expected from some of the brilliant cures that our men have made from time immemorial.

The other factor is food. The chemistry of foods in relation to cancer is a most important subject and one that our friends among the old school have practically ignored. It is a virgin field, and what we know of it is mainly experimental and far from scientific as yet. Nevertheless it is enough of a guide to insure better success without remedies if we do follow a diet free from meats and salt.

Among the irritants that are most marked, outside of crude drugs, vaccination and serums (which will be brought out later, and which are factors) is the chlorination of drinking water which is quite prevalent throughout the country today. Chlorine in the drinking water is bringing into being many ulcerations and cancers of the gastro-intestinal tract.

We can profit from our provings. We do not need to go any further. We do not need to experiment on rats and animals. We have the provings in the homoeopathic materia medica, we have the verifications from observations. This is the most scientific thing about it. I have been led to this observation by many disappointments. Many of my cases got partly well, and I thought I was going to make brilliant cures. Then they died, while other cases which were not nearly so bad as others were cured. Then I found out that giving the patient spring water or pure water made a vast difference, even in preparing the food, every bit of food, because chlorine, when it is boiled, is only changed chemically. You have diluted hydrochloric acid and it is an irritant just the same in that form as it is in the form of raw chlorine.

Another factor in the spread of cancer is the aluminium poisoning that comes from the insidious, slow impact of minute doses of aluminium hydroxide or other salts of aluminium which comes in the cooking utensils that we use nowadays. Our hospitals, our public institutions, our restaurants, our hotels, in fact, I think ninety per cent of our people at large are using aluminium cooking utensils, and I am here to tell you that that is another factor in the spread of cancer, believe it or not, and that is why I think *Cadmium* is a valuable remedy. It is the best antidote I know of to the generally effects of aluminium. It isn't the only one. There are other remedies that come in, and we will show you tomorrow why they came in, and why *Cadmium* is valuable in a list of a few remedies. The group of remedies covered by Hahnemann's three miasms, plus the group that corresponds to irritations of various sorts, will bring us down to about thirty remedies, and, on going through the literature, you will find that those thirty remedies are the ones which have been recorded as curative. There have not been many others discovered outside of this group. This answers Dr. Macfarlan's question as to why some of my results appear to be better than others. It is simply because I am not only prescribing but am also removing these irritational causes and taking care of the diet in so far as I can.

One more thought before we go on. We do get incurable cases. Such cases go too far and there is nothing that will cure them. Still, homoeopathy is the greatest boon to those poor sufferers. I have seen a lot of them die without a bit of pain, and I have not had to give morphine. Where I could control their food and these other things, these incurable cases died without a bit of pain. Moreover they will live longer under homoeopathic treatment as some of the doctors have shown.

About ninety per cent of cancer cases are dead within three years after surgery. X-ray and radium seem to be still more destructive, at least in the suffering if not in shortening of life. So I want to ask every one of you to stick to your guns. You have something that is not found anywhere else. All we need to do is to get together and scientifically prove this thing. Then we will be able to show the world that homoeopathy is worthwhile in the treatment of cancer, not only in the cure of incipient cases and cases that are not too far advanced, but wonderfully useful in the prevention of this terrible disease."

(Arthur Hill Grimmer, M. D., Chicago, Ill., Differentiating symptoms of some of the Cadmium salts. Read before the I. H. A. Bureau of Materia Medica, June 1930. The Homoeopathic Recorder vol. 45 (1930), p. 635-641)

## 1930 - The Application of Homoeopathic Remedies to Cancer Cases

"In applying homoeopathic remedies to cancer cases, we proceed along the usual lines taught by Hahnemann and his loyal followers, as far as we can; here, as in every case of chronic disease, we must stress the necessity for the fullest and most complete personal and family history, it is possible to obtain. From the birth hour on through infancy, childhood and maturity, to the time of taking the case, every change and disturbance, mental, moral and physical, in sequence, should be recorded, together with the diseases contracted along the way, and remedial measures employed for the same. When the pathological change known as cancer develops and grows with symptoms that are commonly the result of such change, we have little to guide us for the selection of the homoeopathic remedy from a strictly symptomatic viewpoint.

Clinical use and observation by many faithful and able followers of the homoeopathic law over a long period of time have given us a comparatively small list of remedies, the nature and symptomatology of which correspond to cancer in all its evolutionary processes in the organism, beginning with the moral and mental disturbances of the mind sphere, involving various and at times seemingly contradictory symptoms and states, at other times alternating conditions, and finally under some unusual stress or some physical or chemical injury there is presented the symptom picture, recognized as cancer. The majority of the remedies listed that have proved curative in cancer will fall into the group, observed by Hahnemann and others, which had, in their nature the three miasms or chronic diseases held by homoeopaths as fundamentally constitutional sick producing causes. And the remaining minority so listed may well be assumed to have, after more mature observation these three miasms, psora, syphilis and sycosis, blended in their symptomatology.

Following is the list of proven cancer remedies, the symptomatology of which has been confirmed by curative action. This list is gathered from a search of the repertory, through the various parts of the body including those of the skin (epithelioma). Under the uterine group the greatest number is found. From this fact we may observe that these tissues are subject to a large number of different irritations and conditions or that they are more sensitive and susceptible to the cancer toxin:

*Acet. ac.*, *Alumen*, *Alumina*, *Ambr.*, *Apis*, *ARS.*, *Ars. iod.*, *Aster.*, *Aur.*, *Aur. ars.*, *Bell. per.*, *Bism.*, *BROM*, *Bufo*, *Cad. cyanide*, *Cad. fluor.*, *Cad. iod.*, *CAD. MET.*, *Cad. nit.*, *Cad. phos.*, *Cad. sil.*, *Cad. sulph.*, *Calc.*, *Calc. ars.*, *Calc. fluor.*, *Calc. sulph.*, *Calendula*, *Carb. ac.*, *CARB. AN.*, *Carb. hydr.*, *Carb. sulph.*, *Carb. veg.*, *Caust.*, *Cist.*, *Clem.*, *Cob.*, *CON.*, *Crot. hor.*, *Cupr.*, *Dulc.*, *Elaps*, *Graph.*, *Hepar. HYDR.*, *Kali ars.*, *Kali bich.*, *Kali cyan.*, *Kali iod.*, *Kali mur.*, *Kali nit.*, *Kali sulph.*, *Kreos.*, *Lac ac.*, *Lach.*, *Lap. alb.*, *LYC.*, *Merc.*, *Merc. i. fl.*, *Nat. mur.*, *Nat. sil. fluor.*, *NIT AC.*, *Orig.*, *PHOS.*, *Phos. ac.*, *Phyt.*, *Rad. brom.*, *Ruta*, *Sep.*, *Sil.*, *Sulph.*, *Sul. ac.*, *Thuj.*, *Tox.*, *X-ray*, *Zinc*.

Of the seventy-five remedies listed in the cancer group, forty-five are of high grade value, the others are of inferior value and less frequently indicated and used. There is a small group of remedies which corresponds to conditions arising from trauma and irritations of various kinds and is highly valuable in the cancer state. Remembering that disease gets well in the inverse order of the appearance of its symptoms, we may well understand why a breast cancer, whose immediate and last manifestation of cell growth follows an injury, would readily yield homoeopathically to such remedies as *Bellis per.*, *CON.*, or *Phyt.* Also how easy it is for us to perceive the potent possibility of preventing any cancer change, even starting after injury, with a potency of *Arnica*. Irritations and injuries occur in other parts of the body, such as those in the gastro-intestinal tract, faulty foods, indiscretions in eating, adulterated foods, from irritations produced by chlorine in the drinking water, and aluminium poisoning coming from the use of aluminium cooking utensils and from aluminium plates in the mouth,

sometimes used by dentists. Such irritations as these will find the best antidotal remedy among some of the *Cadmiums* but also the irritating causes must be removed with the administration of the curative remedy to make the cure certain and permanent. In irritations, such a lip cancer occurring in smokers from the combined pressure and heat of the pipe. *Sepia* will frequently cure providing the irritation is discontinued.

The remedies of this smaller group are likewise contained in the general group of cancer remedies. They are Alumina, Arnica, Ars., Bellis per., Brom., Cad., Caust., Con., Graph., Hydr., Kali bich., Kali cyan., Kali iod., Kali sulph., Lach., Lyc., Merc. viv., Nit. ac., Phos., Phyt., Ruta, Sab. par., Sepia, Sil., Sulph., Thuja and Tox.

A careful study and wide knowledge of these twenty-nine remedies will reward the industrious physician with a harvest of cure in cancer conditions undreamed of without such complete knowledge.

Other irritations than those mentioned above arise from the wide use of coal-tar preparations, now flooding the public in ever increasing variety and given for so many complaints, headaches, rheumatic pains, acute colds, gripe, fever reducers and sleeping potions. We are bombarded by these cardiac depressants. Is it any wonder that heart and kidney disease lead the list of death causing diseases, with cancer soon a close second. Against these irritants our carbon and snake poisons furnish the best antidotes.

Perhaps the most irritating of all the irritants and depressants is produced by the almost universal applications of serums and vaccines, given for the prevention and cure of acute infectious diseases. These subtle poisons are very far reaching and deep in their effects and our best antidotes can only be found in *Thuja* and several of the specific nosodes, such as *Diphtherinum* and *Pyrogen*, together with the snake poisons. Is it not possible, that the persistent and frequent injections of these biproducts of disease, shot directly into the blood stream, especially in the young children where conditions in the body organism for natural defence against these toxins, cannot obtain, that a weakening of the reticulo-endothelial system is produced, thus reducing the reacting power of the body against cancer and kindred chronic diseases. This reticulo-endothelial system is said by biologists to manufacture and contain all the defensive forces of the organism. And may this not answer the observed fact why cancer is occurring in younger subjects of each succeeding generation. And of what avail is it to try to prevent some natural expression of acute disease that many never come, if there is involved in the immunizing process a weakening of the defensive mechanism of the body against chronic manifestations of disease like cancer, diabetes, epilepsy and mental and physical weaknesses of various sorts. Add to this all, the wholesale destruction of children's tonsils, one of the most important defence units in the organism, which lessens still more the chain of body resistance, and we have a gloomy outlook for the health and well being of the future. How much longer can the human race stand the strain of serum poison and crude drugs and their resultant suppressions, grafted on the ever increasing miasmatic causes of disease?

Only homoeopathy can retard the deep decay and frightful devastation gnawing at the vital centers of the human race. One other benefit is presented in the vast numbers, who have repudiated all medicine and have taken up with the so-called cults for relief against sickness. The cults at least give nature a chance to work unhampered by animal toxins and crude poisons in the form of irritating and enervating drugs. The pendulum has swung from the crude and clumsy attempts of the alloepaths to overwhelm disease by substitution, the implanting of a drug or serum disease in place of the natural one, and by suppression, the masking of external symptoms and the numbing of sensibilities to pain without in any way relieving the internal cause of illness, to those who at least have intelligence enough to know that nature has provided wonderful means of defence against sickness. However in the field of chronic inherited disease, nature alone is often unable to cure. This is the realm of



homoeopathy and vast numbers of the more intelligent cultists must necessarily swing back to her for relief of those sicknesses that are the outgrowth of the chronic miasmata.

There is another pernicious form of irritation that is masking many cancers and that is the practice advocated by most of those looked up to as authority on the treatment of cancer, to employ large doses of either X-ray or radium on every mole, wart, or small ulcer, or blemish appearing on the skin. This procedure either irritates and burns the local parts because of overdosing, setting up necrosis of surrounding cells, which results in a rapid spreading of the sore and often turns a benign and harmless growth of small dimensions into a rapidly destructive malignant cancer, or, if the dose is lighter, the sore or mole or wart may be destroyed and apparently healed with an unsightly scar remaining. If the later result is obtained the patient will inevitably develop in the course of a few months or years, according to his constitutional soil inheritance, a cancer in some of his vital organs. We have few remedies that can antidote this kind of mischief, because the capillaries are obliterated by those destructive agents. *Cad. iod.*, *Fluor. ac.* and *Phos.* are the only three remedies I have found helpful in such cases; *X-ray* and *Radium* preparations in potencies may be found useful in some cases after further study and trial. For the anaemia and cachexia that often follows radium abuse, *Phos.* is the best antidote. For the ulcerating areas of necrosis that seemingly defy all healing agents, *Cad. iod.* is the only remedy I have ever known to help. For the X-ray burn *Fluor. ac.* is the remedy that yields the best clinical results.

Industries of a certain type predispose workers to cancer, preferring special parts or organs, as shown in the cobalt miner's tendency to cancer of the lungs. The workers in aniline dyes are more often affected by vesical cancer. These observations may suggest the proving and trial of these substances in potency as possible remedies for the disease localized in the parts that cobalt and aniline dyes each affect.

No paper on the treatment of cancer, even though it be strictly remedial, would adequately impart the necessary knowledge for the most successful results without a complementary diet as an adjunct to the prescribing. And the diet, like the remedy, should be selected for the individual patient, noting susceptibilities and reactions after food selection, with as much concern and interest as is shown by the skilled prescriber of the homoeopathic remedy. Also foods compatible with the nature of the indicated remedy should be used. The chemistry of food and its relation to the blood chemistry of the patient is a mighty aid or a great hindrance to the action of the curative remedy, depending upon the degree of intelligence shown in food selection. There is a great need of more experimental work in the chemistry of food in its relation to cancer. So far this work is largely empirical and far from scientific; the only near unified opinion being the baneful effects of a meat diet, at least in advanced cases of disease; other proteins may be carefully admitted only varying in amount with individual cases.

The mental or psychic phase of cancer must not be ignored if our best success is obtained. The terror, and hopelessness, concerning the incurability of cancer prevailing today in the ranks of alloepathy has made the problem more difficult. The public is told by these bombastic sons of egotism that there is no cure because they have failed to find it. Anyone claiming to cure cancer is branded by them with their favourite anathema, quack. Anyone having the temerity to criticize their methods of surgery and radiation with the attendant mutilation and torture and the high death rate occurring in a shorter period than occurs to those untouched by them and left unhampered to nature, is not only a quack but a public menace. It is claimed by competent observers that ninety per cent of those operated and treated for cancer after the approved methods of the up to date medical scientist are dead after two years.

From its incipiency, homoeopathy has always inspired hope and courage in its practitioners and patients alike, because they are taught the advantage of working in harmony with the laws

of nature, of which the therapeutic law of similars is but one. Because of these facts homoeopaths are better equipped to combat this sinister and implacable force, that threatens to destroy the race.

To summarize, the homoeopathic treatment of cancer consists, first, in the selection of some specific remedy found in the Hahnemannian group that includes all three of the miasms in their symptomatology, together with the group specially related to trauma in its numerous forms; second, in the removal of any and all irritations that may act as exciting or activating causes; third, in the homoeopathic selection of the proper diet, avoiding foods that irritate the patient and giving those that agree and nourish him, such foods to be based on the needs of each patient rather than for a diseased condition; and last, the buoying up of the patient's moral and mental status, appealing to his intelligent cooperation in all things, inspiring courage by explaining the certain but orderly processes by which disease comes under broken law, and goes under restored law, the latter brought about with the homoeopathic specific and the intelligent effort of the patient to live in harmony with all the lawful processes of nature. Armed with these forces and the knowledge that we work in unison with the restless throb of universal order inspires us to face with confidence this baffling medical problem agitating the world today.

#### DISCUSSION

Dr. A. Pulford: Dr. Grimmer, in his masterful manner, has given us the superiority of homoeopathy in the curative side of cancer. May I relate a case and give the superiority of homoeopathy in euthanasia.

We had a case of moribund cancer, abdominal sarcoma, said to be, turned over to us, and I turned it over to Dr. Dayton Pulford. He carried that case on with homoeopathy to the last three days when the remedy would not work any more. Then he turned to *Tarentula cubensis*, and the son-in-law told me that the patient died the most peaceful and painless death of anyone he had ever seen. I bring this up in contradistinction to those who use narcotics.

Dr. D. Coleman: There is one point I would like to call attention to for fear that someone might try this remedy and not succeed and that is that we can't potentize an X-ray. An X-ray is a vibration. You can't potentize X-ray any more than you can the gas light.

Dr. Benthack: I can absolutely corroborate everything Dr. Grimmer has said. I have used the same remedies and have cured more than a dozen cases of cancer in my town. With regard to X-ray and radium, both of them are misused, but *Radium* in the 30<sup>th</sup> potency has always served me very well there.

Dr. A. H. Grimmer: I wish to thank the members for their cooperation and encouragement and temperature answer Dr. Coleman's statement that X-ray cannot be potentized. A great many of us have been using what is purported to be potentized X-ray and with some astonishing results. Whether that simply imparts its force to the sugar of milk in its, we might say, crude or primitive form, or whether there is a potentized effect going on, I do not say but I do know that very high potencies of Fincke and others have produced tremendous therapeutic effects."

(Arthur Hill Grimmer, M. D., Chicago, Ill., The Application of Homeopathic Remedies to Cancer Cases. Read at the I. H. A., Bureau of Clinical Medicine, June 1930. The Homoeopathic Recorder vol. vol. 45 (1930), p. 789-795)

## 1931 - Further Results in the Homoeopathic Treatment of Cancer

"Two years ago, we were privileged to read before this group of my colleagues, a paper entitled *Cadmium Cures of Cancer*, wherein we stated the results of the treatment, up to that date, of two hundred and twenty-five cases, with a loss of fifty cases in four years. At this time, there has been added to that list twenty-two more deaths by cancer, but these last named lived six years, most of the time in comfort, performing their accustomed work, and all dying with a minimum of suffering. Many experienced no suffering, and without morphine or any other narcotic or anaesthetic drug, they went quietly and peacefully to their rest. The remaining hundred and fifty - these give every promise of living many years, excepting some of those, whose advanced age at any time may intervene to end life. From these figures, we may claim a cure of two-thirds of all cases treated after a lapse of six years, by strictly homoeopathic methods, because most, if not all, of the remaining patients will die from causes other than of cancer. Remember, these were not incipient cases, they all showed the cachexia, and the clinical and laboratory evidence of the developed active cancer disease. Many had been treated surgically and by radium and x-ray with only harm resulting, before they came to homoeopathy. Because of these facts, and because of new data collected under wider and more varied experience in the application of homoeopathic research in cancer, I am hopeful of far greater achievement in the near future in the cure and abatement of this implacable disease. It is destined to be accomplished by all the true disciples of Hahnemannian homoeopathy.

We need but correlate our remedy prescribing with dietetic and hygienic measures to accomplish even more astounding results than we have in the past (in terms of cure). We need also to discover a method of making an absolute diagnosis of the pre-cancer stage. When this desirable thing is a certainty, and it is in sight even now but not quite perfected, we shall witness the recognition of the power of the homoeopathic law over man's most destructive and heretofore ineradicable foe. After a review of all modern research, and after the futile and discouraging results obtained by surgery, x-ray and radium over a long period of time, we know that Hahnemannian homoeopathy holds out to the afflicted the only real hope for cure in the early cases, and amelioration of suffering and the prolonging of life in the advanced cases.

The more experience I have with the use of the *Cadmium* preparations, the more convinced I am of their indispensable need in cancer. Not that they always perfect the cure alone and unaided, but they are the most effective antidote I have yet found to aluminium poisoning, and that factor plays a far more important role in cancer than most of us believed in the past. Intestinal forms of the disease, especially, are undoubtedly much aggravated by the presence of that subtle poison. Aluminium is one of the most common of the irritants entering as exciting causes in many cases of cancer. *Cad. iod.* is the most effective antidote to radium and x-ray burns to be found among the homoeopathic remedies, competing with *Phos.* for radium poison and with *Fl. ac.* and *Sil.* for the x-ray abuses. These remedies are the most effective agents yet found against the frightful results both locally and systematically, that radium and x-ray produce.

From a homoeopathic view, the cancer problem presents four basic aspects, each a study in itself:

The first is the psychological phase, and this is related to both doctor and patient. The horror and depressing effects of a cancer diagnosis, right or wrong, is in itself, overwhelming in most cases. To the patient no hope remains, it is useless to try, the only concern left is to avoid as much suffering as he can and possibly prolong for a time a life already doomed. To the doctor, especially if he is scientific and imbued with the up to date ideas of the so called authorities, it means just another fated victim for whom there is no remedy or help, only an

object of experimentation of mutilation and torture, all in the name of science and progress. No attempt by intelligent effort is made to seek causes and invoke law, which is the first attribute of true philosophy and science. The patient under such mental states is permitted and left to go, to think, to act, eat, and do as he chooses, unguided, unaided, as a bit of driftwood on a storm tossed sea, without compass or succour.

The second aspect is the one of irritation which comes from many sources, some very subtle and obscure. Drugs, especially the coal tar derivatives, serums, vaccines, metallic poisons, and processed, adulterated, demineralized, devitalized, irritating foods, are found in this group.

The third aspect is that of dietetics, the removal of all irritating and harmful foods, and the careful selection of non-irritating, balanced, individualized nourishment.

The fourth aspect, is that of remedy selection. This is more difficult and complicated than that of ordinary prescribing because so many things enter in the history and cause of cancer, and because no two cases are alike. We may have to antidote some specific drug poison in one case, before anything else. Another may require the reduction of some specific basic miasm or infection, such as syphilis. A series of complementary remedies is frequently needed to meet conditions in many cases, but all according to the homoeopathic law, doses given singly, and at sufficient intervals apart, for the expression and evolution of the cases.

We may learn much from observation, relating to the nature and growth of cancer, both when left to the vital force unassisted by medicinal action, and when influenced by such action. Last year, I saw a woman, sixty-three years old, who presented a breast cancer in active stage, far advanced, but only for a short time, prior to my seeing her, had it pained. She stated that she first noticed the lump in her breast twenty-three year before and she had feared to see any doctor because of her dread of operation; she had taken no treatment, observed no rules of diet, worked hard under more or less trying circumstances, yet nature unassisted, had kept her alive, free from pain and fit for over twenty years. What work homoeopathy could have done with that case in its incipency. We all see the answer in the number of lumps and nodules that disappear under good prescribing.

This brings us to the most vital part of our subject, that of prevention; for if we can cure a large number of developed cases, and if nature, unaided, can retard the disease ravages for twenty years, what will good prescribing plus proper diet and proper living do, to prevent the development of cancer. It has long been known that constitutional homoeopathic treatment will prevent cancer in the large majority of cases. In these times when this silent terror is dominating the world, especially the world of dominant medicine, it becomes our solemn duty, to give to humanity these potent facts. Millions of dollars are wasted annually in donations for alloepathic ignorance, to squander in cruel animal experimentations that ignore and pervert the laws of God and nature, and fail to bring anything save additional suffering and sacrifice to an already overburdened race. Is it wrong to let a suffering and terrorized world know that homoeopathy is the balm of healing to check the destroying conquest of this hideous monster, conceived in violated law, born in wickedness, and nurtured in ignorance?

#### **DISCUSSION.**

Dr. E. Underhill, JR.: This is one glorious paper. I would like to see it reprinted and distributed to every physician in the United States. Dr. Grimmer has emphasized the three essential points - the homoeopathic remedy, diet, and routine of life. Without those three together, I do not think you are going to cure a very large percentage of cases.

Dr. P. L. Benthack: As the doctor says, you must remove the cause. I will give you a brief outline of what Dr. Emil Schlegel says in his German book, printed in 1923, which he gives from his own experience. He practised forty years, and has cured cancer. His work, I think, is

the best in the world on cancer. I wish you would have that book translated into the English language. It is very condensed. He says you must remove the cause of the trouble. He says his cancer cases are similar to all other chronic diseases. He does not hold that coffee antidotes our remedies, but that too much coffee is not good. If he cannot get his patients away from coffee he lets them drink one cup in the morning. He has to do with the laboring classes mostly. He says if people are undernourished they should be encouraged to eat more nourishing food, a little more meat than they have been eating, but if they have been over-nourished or over-fed, they should eat less, and especially less meat. They can take a good deal of soup made from beef bone, because the phosphorus and lime that boils out is good for one who has cancer. I had a paper in the *Homoeopathic News* in September 1930, on what I call drainage limitation. It would be worth your while to look it up. I gave the remedy mostly in the tinctures and in low potencies. Dr. Nebel in Switzerland, uses compound remedies. His son gave me the list of those remedies and some indications for their use. I have given them in the good homoeopathic way, the indicated remedy, the single remedy.

Burnett changed from high potency to a low potency because the high potency is too strong. When the patient is overloaded with poison the lower, functional potency is a better aid for nature cannot throw off the condition alone.

If we can get cancer cases in time, I believe we can cure 90 per cent of them, and those that we do not cure live much longer and much easier. I hardly ever have to resort to a dose of morphine, although in extreme cases I have used it.

I have had a good many cases come to me with a fearful odor, and with homoeopathic remedies I have been able to get rid of the odor, prolong their lives and give them a fairly easy death.

Dr. C. M. Boger: This wonderful paper gives me an opportunity to say two or three things. I will begin by mentioning two cases of cancer. One was a case of a middle-aged woman whose mother died of malignant cancer of the breast. The mother lived eight years under homoeopathic treatment for the malignancy. The daughter had a lump in her breast, also, and went to a surgeon and had the lump taken out. This was about six years ago. About four months ago, she came to me and said, "Doctor, I have a pain in that old scar. There is something wrong in my armpit." I examined her, and sure enough there was. She had a pain in the old scar and a lump in the armpit. I gave her one dose of *Bellis perennis* 30<sup>th</sup> potency, and repeated it in two weeks. The lump has entirely disappeared, and the pain has gone away. She says she is entirely well and is overjoyed.

The point that I wish to bring out in connection with this case is this: From old school sources we have been led, for many years, to believe that cancer and injury were of some relation to each other. The old school men are not mistaken in everything. There are some good points. You put these two things together in her case, and it gives you the solution very well.

The other case is a woman eighty-four years of age. Twelve years ago she had gallstones removed by surgical operation. Six years after that a lump appeared in the right breast, which gradually enlarged until it now extends below the nipple and is about the size of a saucer. It is dark blue in color. The peculiarity of this case is that she does not have much pain in this lump, but very now and then she has an attack of acute inflammatory erysipelas. Finally I discovered that *Arnica* covers both symptoms, erysipelas and higher cancer. Her last attack of erysipelas occurred less than ten days ago. It came on severely with high fever, intense drowsiness, terrible prostration and eruption on the chest. She was down with an erysipelas just thirty-six hours. That is the shortest she has ever had. The attacks of erysipelas are getting shorter and shorter. This shows what is possible in the case of cancer.

There is another part of this paper which I wish to speak. It has nothing to do with cancer. There are many investigators, nowadays, who seem to labor under the delusion that they can do evil and have good results therefrom. Men who are doing this are the vivisectionists and men of that type. Oh, yes, we have been taught in the old school that many victories in medicine are due to vivisection and so on, but how we get around the moral law and the logic of the thing, I don't exactly comprehend. If anyone here can enlighten me and tell me how one can break the moral law and do evil, and have good come out of it finally, I shall be glad to get the information.

Dr. A. H. Grimmer: The doctor spoke about potency. It is an important factor, and it is going to take much more experience than I have had yet to trace out the relative merits of the potencies. They all have merit.

You can go clear back into the literature and find that there have been many cures made, and Buckley, Burnett and Cooper have undoubtedly given us authentic cures. It is true, as the doctor observes, that if we give the potency too high at first, especially if the cases are advanced, we are going to cause unnecessary suffering and perhaps create an aggravation we cannot get rid of in these advanced cases of cancer. So I start with the potency around 30<sup>th</sup> in most cases and feel out to see how the reactions are. If they stand that well, the succeeding potencies will carry on with the work very beautifully.

The diminution of the odor is a favorable symptom in the cure of cancer. When you find that taking place it is one of the surest indications that your remedy is working, that the patient feels better, looks better and is better. It may be some time before the growths begin to show the improvement we hope for, but if that order prevails, your remedy is doing its work. If any other order prevails, if the cancer is healing but there is more pain and more odor, your remedy is not the best.

Again the doctor mentions the diet. I stated in the paper that the diet must be selected for the needs of the individual case. I think that covers that subject pretty well, with one exception. You should limit the meat you give a cancer patient, because the uric acid in the meat has a specifically deleterious effect on the cancer. This has been proven by a good many good observers outside of our homoeopathic ranks, and some of them are getting results. One of the first men to note this was an old school man, a Dr. Buckley, of New York, who cured a number of cases with nothing but diet.

Dr. Boger's observations are absolutely true. They refer to the irritational part of our text, injuries, and so forth. We have the most wonderful remedies to correspond with these things, and such remedies as he mentioned, especially *Bellis*, have given us a great many cures. *Bellis* has probably given us as many cures in breast cancer as any other one remedy, if you can get the specific history following an injury. It competes with *Conium*. In *Conium* the breast is apt to be free of pain. In *Bellis* you are apt to have more or less pain."

(Arthur Hill Grimmer, M. D., Chicago, Ill., Further Results in the Homoeopathic Treatment of Cancer. Read at the I. H. A., Bureau of Clinical Medicine, June 1931. The Homoeopathic Recorder vol. 46 (1931), p. 674-679)

## 1951 - The Relative Value of Symptoms

“When a case has been fully and properly taken it is time to evaluate the symptoms in the order of their importance. Prior to such an appraisal, the taking of the case, the manner and method employed to obtain the symptoms of case, is most vital in importance. Symptoms obtained without the Hahnemannian technique are of doubtful value and may be false and misleading. Any and all given symptoms must represent a statement of facts; and these facts must be brought forth after the manner of judicial procedure.

The patient tells his story without interruption, unless he is loquacious and wandering, when he must be carefully guided to his task with an indirect line of questioning by the physician. Direct questions tend to suggest and the patient may answer without sufficient thought. Any question answered by "Yes" or "No" is of doubtful value to the homoeopath.

Sometimes the physician may be compelled to ask three or four indirect questions to ascertain the verity or sureness of one symptom. To illustrate: in order to know to what temperature group the patient belongs the physician will ask, "How sensitive to cold are you? How are you affected by a hot room? how does the sun's heat affect you? How much clothing do you require to keep warm? How are you affected by changes in the weather? What can you say about the temperature of your hands and feet?" In this way the physician can with certainty ascertain to which group his patient belongs. Is he a cold patient with deficient vital heat, or is he warm blooded and made worse by over heating, or is he one who is sensitive to both extremes of temperature?.

The mental and emotional symptoms may be obtained in a similar way: "How easily moved to tears are you? How does music affect you? How does noise or light affect you? How does darkness affect you? How restless are you? What can you say of your memory?" Thus, when symptoms are obtained this way they are genuine and reliable and constitute facts which can be fitted to the facts of the *Materia Medica*.

When the symptoms of a case history are obtained properly, then the physician may begin to appraise and weight the relative value of the symptoms for the selection of the homoeopathic remedy.

The writer has followed the general outline for the grading and evaluating of symptoms devised by Dr. James Tyler Kent and has found that method logical and concise and most helpful in the selection of the needed remedy.

In that plan there are three classes of symptoms as follows: General, which relate to the patient as a whole, such as his bodily reaction to environment, his mental and emotional states, his aversions and desires, his body secretions and discharges. Particular, which relate to organs and parts. Common, which are common to the provings of many remedies, or to disease conditions (diagnostic).

These three groups of symptoms are each made up of three grades: first, second and third. Thus, the first grade generals are those that are rare and peculiar, or those to the will, the loves, the hates, the fears, the desires and aversions belong to the loves, the hates, the fears, the desires and aversions belong to the first grade. The second grade generals are those pertaining to the rational mind or intellect; the body reactions to environment; the physical appetites; the sexual symptoms; the body secretions and discharges, because such are elaborated by the organism as a whole; the modalities as to time and condition of aggravation and amelioration. The third grade generals are the common symptoms found in disease such as headache, malaise, fever, chill, sweat, etc.; or those symptoms common to the provings of many remedies. Common symptoms may be expressed in general symptoms of the patient as a whole, or they may be found in the particular parts of the body.

The high grade particulars are those that are rare and unusual, such as inflammation with little or no pain, thirst without fever, itching skin with no eruption. The modalities constitute the second grade particulars and the common symptoms the third grade.

This is but a brief outline of classifying symptoms for remedy selection. But all the teachers and master prescribers from Hahnemann down have stressed the unusual and rare symptoms as the ones of importance, because they are characteristic of the sick patient as well as of the remedy he needs for his cure.

This subject has been presented many times by much more proficient teachers and prescribers than I am, but I bring to you my humble efforts and trust we may have some discussion of his very vital subject so that all together we may bring forth better and simpler means to reach the desired goal, a surer and quicker way to find the similitum.

#### DISCUSSION.

DR. ALLAN D. SUTHERLAND (Brattleboro, Vt.): Mr. Chairman, the only trouble with Dr. Grimmers papers is that he says it all. There is nothing left to discuss. It is a very excellent review of an exacting method of evaluating symptoms, and should shorten the work of the physician very markedly.

DR. LUCY S. CLARK [Cleveland, Ohio]: Sometimes the younger physicians trained in methods of case-taking and great care on examination, are startled by the difference of emphasis in homoeopathic case-taking, and in the postgraduate school, when I was there, one of the most impressive things to me and to some of the other, younger students was an example of case-taking done in the class. Then the case was worked out by the Kent method and Boenninghausen method. It was very instructive and interesting to see how Dr. Hubbard took the case.

I wonder if taking a case at a meeting such as this, just as a demonstration, might not be very helpful to some of us who have not had as full a training in homoeopathic case-taking as we might.

DR. J.W. WAFFENSMITH [New Haven, Conn.]: In my humble opinion the greatest homoeopathic school that this country has ever seen was Hering Medical College. I took my graduate work, which consisted of one year, in that school, under the tutorship of a faculty that was all strictly Hahnemannian. Among the teachers of that time, assistant to Professor Kent, was our good Dr. Grimmer. He taught us the basic principles of the taking of the case, as I fully and clearly remember, and have followed ever since. That was part of his work in Hering College, just as he gave it to us today.

Now, it seems to me that if we follow basically these instructions that have been given to us by Kent and his assistant, and the many other great characters who have taught us homoeopathy, we will more succinctly, more quickly, and more definitely get to the indicated remedy, with the least amount of difficulty, than by any other method which we may have given to [...]

DR. ARTHUR WELLER (Orange, N.J.): I should like to comment on that paper. I think it was wonderful, because I have found in my long practice that the peculiar symptoms of the individual, regardless of the disease for which you are prescribing, mean so much. Many times, in order to get the symptoms from the individuals, you have to ask all the questions, as the essayist has said.

I have built many a case for Silicea around sweaty feet, but most patients don't tell you that. You have to ask how excessive the perspiration is, and what about the feet, and if the wife is



along, say, "What do you know about that?" and she says, "They smell to heaven." That drives you to Silicea, and it does the work and clears up the conditions which have been there.

Dr. Rabe is a good friend of mine. I don't think he is here. He does work along peculiar symptoms.

A patient came to me from Morristown. She didn't know I was homoeopath, and I asked so many questions that finally she asked, "You are a homoeopath?". I said, "How did you know?". She said, "The homoeopaths are the only ones who know how to ask questions." [Laughter].

DR. RALPH W. BOHN [Helmuth, N.Y.]: I should like to say something about psychiatric case prescribing. We are handicapped in that our patients are very often fully accessible, and sometimes their replies are deliberately misleading, so our prescribing must very often be done on an objective case level. It is very difficult sometimes to get the cooperation of the patient. It may take a matter of weeks before you have their cooperation so that they are willing to work with you.

Of course, many amusing things occur along this line. There was one patient- we shall call her Miss Jones-who was middle-aged, a very rigid schoolteacher, catatonic. She sat bolt upright in bed, turned to the right and stared out of the window all day long, day after day. I would go through the ward and address her politely, "Good morning, Miss Jones! How are you?" No response. After three or four days of that, I said, "Now, Miss Jones, we might just as well get acquainted, because we have to work together, Suppose to turn around and look at me".

She turned around very deliberately and looked at my feet and her eyes travelled up to my face and her gaze rested there a while, and she said, "How very discouraging," and turned back to the window. [Laughter].

DR. F. K. BELLOKOSSY (Denver, Colo.): There are many pitfalls, especially if we don't take the case completely. We may question a patient and in the course of the questioning decide on the remedy because the first symptoms may be so clearly indicating one remedy, and if we don't proceed with questioning, we will not find those symptoms that may contraindicate that same remedy to which we were first turning in our mind.

Hering said that we must take all the symptoms. In order to do that it is very bad if we hurry; therefore one has to go through the whole questionnaire. If that is not done, one can miss the remedy. Often a peculiar and strange symptom may lie in some particular symptom, and if we don't question, we won't get to that symptom.

I made such a mistake not long ago. A patient had such symptoms that I saw immediately he was a Phosphorus patient, but when he came back after I gave him the remedy, he had no results, and I questioned more, and I found that the patient was an Ignatia patient, and that mistake was made because I didn't question him long enough.

Some remedies may be given because they are so strongly indicated by some symptom, but there are other symptoms in that same case counterindicated, and we must then evaluate in that way to get at the right remedy.

DR. HENRY R. SACKETT (St. Petersburg, Fla.): I have had some very interesting schoolteachers. One was mentioned here. One would declare that these two schoolteachers in their thirties were of the purely Pulsatilla type, but I knew both of them well enough to know that it wasn't matter of drugs, homoeopathic or otherwise; it was a matter of their program, which I happened to know was not scientifically correct, and I asked each to write out her program from the time she got up in the morning until she went to bed at night and let me have it. That was to include what they ate and when they ate it, and what they did and when they did it.

After I got those, in each case I revised their program 100 per cent because it was 100 per cent wrong, and I gave them a new program and told them to report in a week. I didn't give them anything and in week they were perfectly well; in other words, knowing your patient, knowing the patients occupation, knowing the patients surroundings, is extremely vital. That hasn't anything to do with drugs at all, any more than a person who puts on too many pounds because he or she eats too much. That isn't matter of drugs. That is a matter of common sense. Eat less and take off the extra twenty-five pounds.

DR. C. BEAVER SMITH [New Haven, Conn.]: The schoolteacher case reminds me of two things. I have so many schoolteachers that among themselves they call themselves "The Smith Club".

I have one who turns her head to the right, so I have her sit at my right, in other words, at the right side of my desk so she has to turn my way when she does talk. I would be interested to know it if you remember the remedy for Miss Jones. It might help me with her.

A method I have effective in obtaining the particular remedy is to have them tell me the next time, the second time they come in, of any symptom that they have forgotten to tell me. Frequently in interviewing a patient, the patient is so nervously upset that he or she forgets to tell you the symptoms, and it is very difficult to dig out the particulars, and they can come back frequently the second time and tell you a symptom which is key to the remedy, and if you ask why they didn't you that symptom the first time, they will say, "Oh, I have had that so many years, I just didn't even think of it".

DR. EDWARD C. WHITMONT [New York, N.Y.]: There are a few remarks I should like to make. To us the importance of the evaluation of symptoms seems perfectly self-understood, but I have followed the writing of continental, particularly of German, Homoeopathy, which has reached a height of popularity now, but you would not believe how much confusion there is concerning proper case taking.

Any principle of what symptoms to accept and what not, any systematic way of going about it, seems to be apparently unknown. It is still controversial whether there is any point in taking a case, not from the clinical but from the symptoms end standpoint; the result, of course, is mixing of remedies. The majority of those homoeopaths will not even believe that a high potency really acts. The most experienced ones say that, if you get your remedy exactly, the high potencies will be effective, but apparently a great number of the men are not able to get the exact similimum because they have not been taught case taking from generalities; the Kentian principles seem to be practically unknown outside of the English-speaking countries. This is a fact we are rarely aware of.

We are highly privileged to have Kents method at our disposal. However, as a challenge to our method, we must also remember that the remedies that are not polychrests and are poorly proven cannot be prescribed by the Kentian method; and this applies to quite a number of the less known, less thought of remedies. Also, when sufficient generalities, modalities and so forth are not available in a case, the exact Kentian method cannot be used.

DR. GRIMMER [Chicago, Ill.] (closing): Thanks you for your discussion. Dr. Bohn presented something that every homoeopathic physician meets, especially in the mental states, severe abnormalities of mental conditions. Then we cannot take too much consideration of what the patient says, but we can observe what he does. Sometimes that will tell us more than anything he may say. We sometimes have to go back, and we always should go back, into the antecedents, his friends, his relatives, the close ones who have observed him from the beginning of his trouble, and have seen the things that he had, maybe in early childhood, which are very guiding sometimes in some of these obscure cases. If you go back along the line, you will pick up something that will be quite guiding. I am glad the doctor brought this

out, because we have those stumbling blocks in many conditions that we meet with. Hahnemann tells us then to go back and study those things in their beginnings. If we can get the beginnings of our troubles, sometimes the whole thing is simplified.

Dr. Bellokossys remarks about going into the case very deeply are correct, but I know when I was only a student in homoeopathy at Dr. Blackwoods Clinic - he had a big general clinic and used to assign students to certain patients who came in - I was given an Irish lady to take care of, and after I got through examining her, she came out boiling mad and said, "It is worse than going to a father confessor, the way they ask questions," but I found her remedy and she forgave me afterwards for asking so many questions!"

(Arthur H. Grimmer, M.D. Chicago, Illinois, The Relative Value of Symptoms, The Homoeopathic Recorder vol. 58 (1951), p. 159-164)

### **1952 - Homoeopathic Prophylaxis against Polio**

"Much has been done to save life and rehabilitate the crippled victims of this ruthless affliction. The iron lung has brought many hopeless cases through from certain death to life only to leave them in a fearfully maimed and helpless state. The famous Snite case is an example of living many years by means of the artificial respiration offered by the iron lung. Not all, however, have the means at hand to make life as bearable under such trying conditions as this man had. Physiotherapy, massage, spinal manipulations, hot packs, hydrotherapy, etc., together with surgical techniques of muscle building and conservation have done much to mitigate the crippling and weakness that follow a severe attack of polio.

Perhaps as much if not more than any other factor in the treatment of Polio is the psychological aid given to instil courage and persistency in the seemingly unending battle to get well with the application of an intelligent system of exercise which often obtains startling and unexpected results in cure and restoration. But there are cases like that of the late President Franklin D. Roosevelt where no therapy, either mental or physical, can in any way restore withered muscles or paralyzed parts and the weakness persists until the end of life.

The medical treatment of polio has been disappointing and strikingly inefficient with two exceptions, viz: The psychosomatic aspect of medicine has aided greatly in instilling courage and hope to give force to the other adjuvants of treatment mentioned before, such as physiotherapy, etc. Serums and vaccines have proven useless and even harmful in some cases. The "wonder drugs" have only added weakness. Barbiturates and others sedatives and depressants have inhibited the vital processes of the body and prevented it from reacting to the curative stimuli of hydro-therapy, massage and other physical agents.

The notable exception in medical treatment which has been highly successful in the treatment of polio for the past forty years, the results of which have been entirely ignored by the medical profession is the homoeopathic system of medication. It is exceptional when a polio case results in death under homoeopathic care. Even the worst cases pulled through in the days before the iron lung was known, and severe crippling was and is the exception as a sequela of the infection. So quickly does the homoeopathic remedy neutralize the infective virus in the blood stream that there is not time for the deadly force to affect the nerves of the patients.

But homoeopathy has much more than a large percentage of cures to give the world in its warfare against this dread destroyer. It has a highly successful prophylactic against the spread and contagion of polio in the remedy *Lathyrus sativus*. This remedy in its provings on the healthy human beings produced identical states and symptoms that the polio virus causes. It

likewise affects the same nerve roots in the spinal cord (lateral and anterior columns - Boericke) to cause the same pathology found in the victims of polio.

Clinically in the past forty years, homoeopathic physicians have successfully protected thousands of children with this simple homoeopathic remedy. These facts have been brought to the attention of the medical world many times in the past decade but without arousing enough interest to test them out for the good of humanity. Research medicine has vainly tried to produce a serum of vaccine against this ever increasing menace to life and limb.

In the past decade this disease was found almost exclusively among children and young adults but in recent epidemics more and more adults and especially young pregnant women have been attacked.

In the past five years the writer has developed a technique for the administration of the homoeopathic prophylaxis against polio that has, up-to-date registered one hundred per cent efficient. This remedy is readily obtainable from any or all of the leading homoeopathic pharmacies of the country. These are Ehrhardt and Karl in Chicago; Boericke and Tafel in Philadelphia and Chicago; Luyties in St. Louis and homoeopathic pharmacies in San Francisco and Los Angeles, California, and to each of these pharmacies will be mailed a copy of the homoeopathic technique for prophylactics against polio.

The reason for this action is the lack of interest and indifference manifested by the organized medical profession in the past to the vital claims based on numerous clinical experiences and offered to the world of medicine to verify or disprove. If this knowledge is as valuable to the needs of the world as the writer is absolutely certain it is, the world should and will have it freely because untold suffering and heart-rending terror will be averted for thousands with the application of a sure, safe protection against this awesome malady.

### **Technique for homoeopathic Prophylaxis against Polio**

All seeking protection by the homoeopathic method must observe strictly several rules of procedure during the time of treatment and immunization.

- 1) First, they must obtain from all other medication both topical and internal by injection, olfaction or rubbing in or on the skin. All camphorated or mentholated concoctions or deodorants and perspiration suppressants must be avoided in order to permit the homoeopathic remedy to do its work quickly and effectively. If these rules are not observed the results cannot be certain and complete as they should be.
- 2) Secondly: A careful nutritious diet of fruit, vegetables and dairy products with a minimum of starches and sweets (except the natural sweets such as honey and fruit sweets) should be given. Especially harmful are the white cane sugar and chocolate preparations. These should be definitely interdicted.
- 3) For the protective medication a proper spacing of the doses administered together with a graduation of potencies are required for the best results.
- 4) **For children from one to three years of age** a single dose of the 30<sup>th</sup> potency of Lathyrus sativus once a month for a period of three months during the epidemic. **Two months after** the third dose of the 30<sup>th</sup> potency is given the 200<sup>th</sup> potency may be given and repeated again in another two months. **Two months after** the second 200<sup>th</sup> potency is given than a single dose of the one thousandth potency should be given. Thereafter, only **a single dose of the ten thousandth potency twice a year** will be needed for the following five years to insure protection for life.

5) **For older children and adults** the spacing of the doses in the same potencies are the same for the first three months after which longer intervals between doses can intervene; such as doses of the one thousandth every six months for several years.

If this simple procedure could be universally carried out for a few years it is my firm belief that polio at most would consist only of isolated cases, and those of a mild self-limiting type, with no sequela of deformity or weakness resulting.

Of course proper sanitation and sewerage disposal which prevent the contamination of drinking water and milk supply will aid greatly in the prevention of epidemics of the disease.

The homoeopathic remedy plus diet and sanitation are the forces that will render polio extinct and only a frightful memory in the annals of medicine."

(Arthur Hill Grimmer, M.D., Homoeopathic Prophylaxis against Polio, The Layman Speaks vol. 5, No. 3, March 1952)