

# Edward Rushmore

## 1885 - Clinical Cases

"Case I. - Intermittent fever. Miss B., when visited on the 28<sup>th</sup> of last June, had felt ill for several days, and complained then of wandering pains in the joints, worse from motion; the flesh sore to touch; pain in region of spleen; eruption like nettlerash on the legs below the knees; she felt chilly this morning, and is now hot. She received China <sup>900</sup>, one dose.

When visited the next forenoon, she said she had been attacked with perspiration at 1. A.M., which lasted till 7 A. M., when she had a decided chill, followed with light heat, but with no sweat. This irregular and unusual order of symptoms did not suggest any remedy, and it was concluded to give no medicine and await the progress of the case under the former and apparently well indicated remedy.

In the afternoon I was called to see her again. At 11 A. M. she had a shaking chill with pains in the wrists, knees, and ankles, followed with heat without pains, then, sweat on the back, head, face, and hollow of the elbows.

Here appeared to be a clear case, so far as known to the prescriber. The only remedy having all these concomitants of chill is Podophyllum. She received at 5 P. M. one dose in the 1,000<sup>th</sup> potency. The next morning at 9 o'clock she had a chill, with thirst for hot drink, but without the pains of the previous day. She got no more medicine and had no more chill, except once slightly, three weeks later, just after sea-bathing, and is in much improved health.

I have several times prescribed Podophyllum in intermittent fevers guided by these concomitants, sometimes strengthened by loquacity in the early stages and sleepiness with the sweat, and it has not yet failed to cure.

Case II. - Chronic catarrh. Mrs. C. has had catarrh for five or six years; the mucus seems to run from the head to the throat. She can hawk it out rather easily. She describes the mucus as white, thick, and tasteless, worse in the early part of the day. The breath is offensive, worse in the evening. The catarrh alternates with leucorrhoea since she passed the climaxis two years ago. The leucorrhoea is attended with backache and is generally worse in the morning. She feels very weak, her food seems not to nourish her. She has to swallow often. Kali carb.<sup>cm</sup> (Skinner), one dose, dry, on the tongue.

April 14th. - She says something has acted like a charm. The catarrh is much less, the throat much clearer, the swallowing less frequent. Has better appetite and more relish for food. Has a feeling of weakness in the back and lower abdomen. No medicine.

April 28th. - Has gained; is stronger. Has a slight return of the catarrh, but the leucorrhoea is better. No medicine.

July 5th. - No more catarrh. She has not felt as well for many years as she does now.

Several months later I again inquired of her, and she said there had been no return of the symptoms."

(Edward Rushmore, M.D., Plainfield, N.J., Clinical Cases, The Homoeopathic Physician vol. 5 (1885), p. 149-150)